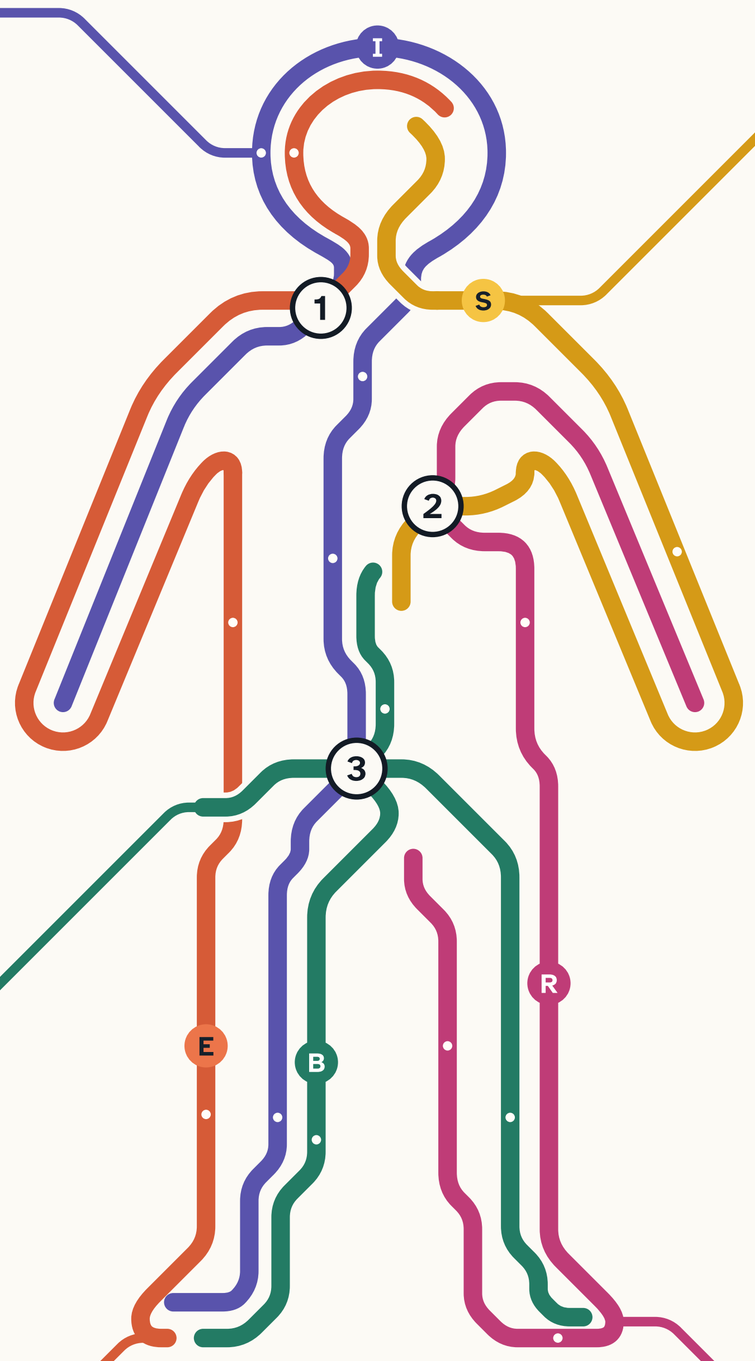
WANNA LEARN MORE NETWORK

Gender Journey

I E B S R



I Gender identity

A person's sense of self in relation to gender

- **Transgender**
  Person is not the gender assigned at birth
- **Cisgender**
  Person is the gender assigned at birth
- **Metagender**
  Person identifies as neither cisgender nor transgender
- **Non-binary**
  Person is neither exclusively a man nor exclusively a woman. Non-binary people may or may not identify as transgender
- **Agender**
  Person does not experience a gender
- **Genderfluid**
  Person whose identity varies over time (man, woman, and/or any other identity)

S Sexual orientation

Who a person is sexually attracted to

- **Heterosexual**
  Sexual attraction to people of a different gender than your own
- **Homosexual**
  Sexual attraction to people of a similar gender to your own
- **Bisexual**
  Sexual attraction to people of more than one gender
- **Pansexual**
  Sexual attraction regardless of gender
- **Asexual**
  Experiences little to no sexual attraction
- **Demisexual**
  Experiences little to no sexual attraction until a close emotional bond is formed

B Assigned gender/sex at birth

The gender/sex assigned at birth based on a person's genitals

- **Assigned male at birth (AMAB)/ Assigned female at birth (AFAB)**
  Generally this assignment is made based on a visual assessment of the baby's genitalia
- **Intersex**
  A naturally occurring variation of sex characteristics, reproductive organs, and/or chromosomes that do not fit the typical definition of male or female (although many intersex people are assigned male or female at birth)

NOTE: Assigned gender/sex at birth is different than sex, which is based on many variable factors

E Gender expression

How a person presents themself (such as style, actions, demeanor, and more)

- **Feminine**
  Expresses qualities and characteristics typically associated with femininity
- **Masculine**
  Expresses qualities and characteristics typically associated with masculinity
- **Androgynous**
  Expresses both typically feminine and typically masculine qualities ambiguously, or expresses typically neither

NOTE: Gender expression may change over time or in different situations

R Romantic orientation

Who a person is romantically attracted to

- **Heteroromantic**
  Romantic attraction to people of a different gender than your own
- **Homoromantic**
  Romantic attraction to people of a similar gender to your own
- **Biromantic**
  Romantic attraction to people of more than one gender
- **Panromantic**
  Romantic attraction regardless of gender
- **Aromantic**
  Experiences little to no romantic attraction
- **Demiromantic**
  Experiences little to no romantic attraction until a close emotional bond is formed

Where routes meet

Follow each line to its terms. Numbered transfers show possible connections.

1 I E
Two people can share a gender identity and express it differently.

2 S R
A person can be asexual and biromantic, feeling romantic attraction to more than one gender.

3 I B
Someone assigned female at birth can be non-binary.

These definitions are commonly accepted but not absolute.

Some of these terms have some overlap. That's okay! Just describe yourself with whatever terms you're comfortable with, and respect the terms other people use for themselves.

There are so many more identities, orientations, expressions, and definitions that aren't shown here. Ask your teacher for more resources or visit the link in the QR Code if you have questions!

project:silhouette

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